

## POLICIES OF SPORTS GOVERNING BODIES ON INCLUSION OF TRANSGENDER ATHLETES

This area is complex. There are a plethora of governing bodies at international, national and State levels. There are competing bodies that claim to represent or govern a sport. There are frequently differing rules in one sport depending on which body is consulted. The sports themselves have elite, professional and amateur leagues and the rules often vary between elite, professional and amateur competitions and between children and adult competitions.

NB Every effort has been made to ensure that the information is accurate but the list is not comprehensive and is subject to change as governing bodies review their policies.

A useful, clear, detailed explanation of the evolution of the International Olympic Committee (IOC) position and the positions of various sport governing bodies is here:

<https://www.charlesrussellspeechlys.com/en/insights/expert-insights/sport/2023/the-status-of-transgender-and-intersex-athletes-in-international-sports-federations/>

**World Rugby** = bold type denotes world governing body

Body	Sport	Country	Date	Policy	Comment	General
Australian Sports Commission (ASC)		Australia		Trans athletes permitted in all sports		Official government organisation. Despite a specific exemption in the SDA for sports that involve the 'strength, stamina or physique of competitors'.
Sport Australia		Australia	2019	Trans athletes permitted in all sports		Despite a specific exemption in the SDA for sports that involve the

						‘strength, stamina or physique of competitors’.
Australian Institute of Sport (AIS)		Australia		Trans athletes permitted in all sports		Part of the ASC. A very influential high-performance training organisation
UK Sports Council		UK	2021	Trans athletes excluded from women’s comps		
<b>International Olympic Committee (IOC)</b>		World	2016	No policy; relies on testing/rules of national organisations.	Until 2016 the IOC required genital surgery. 2016-2024 hormone tests required. 2024 they handed over any testing to sports governing bodies.	The umbrella organisation for all Olympic sports internationally.
<b>World Archery</b>	Archery	World	2023	Trans athletes permitted on case by case basis with testing	Strict eligibility requirements. Must not have competed as the other gender for 4 years; cannot change again. Detailed oversight by expert medical panel.	
Athletics Australia	Athletics	Australia	2023	Trans athletes excluded from women’s comps	Adheres to World Athletics rules	
National Association of Intercollegiate Athletics (NAIA)	Athletics	USA	2023	Trans athletes excluded from women’s comps		
National Collegiate Athletics Association (NCAA)	Athletics	USA	2022	Allows sports governing bodies to determine their own eligibility criteria.	Updated official policy (previous decisions by States)	Half of states, incl Idaho, Utah & Wyoming, prohibit trans athletes being on the school teams acc to their gender ID as opposed to

						their sex at birth. Idaho's and Utah's laws currently blocked by lawsuits.
<b>World Athletics</b>	Athletics	World	2023	Trans athletes excluded from women's comps	Revision of previous policy	Open category planned
<b>Badminton World Federation</b>	Badminton	World		Trans athletes permitted on case by case basis		
Basketball New Zealand	Basketball	New Zealand		Elite: Trans athletes permitted case by case with testing; Community: trans athletes permitted	Eligibility requirements and testing for 1 year prior; cannot change gender for 4 years. Extensive detailed procedures	
Basketball UK	Basketball	UK	2017	Elite: Trans athletes permitted case by case; Community: trans permitted case by case with testing	Eligibility requirements and testing for domestic comps; aligns with IBF for international comps	
<b>International Basketball Federation (IBF)</b>	Basketball	World		Trans athletes permitted on case by case basis with testing	Aligns with IOC 2015 rules	
USA Boxing	Boxing	USA		Elite: trans athletes excluded from women's comps unless have had gender surgery. Community: trans athletes permitted	Strict eligibility requirements and testing for 2 years prior	
World Boxing Council (WBC)	Boxing	World		Trans athletes to be excluded from women's comps	"no consensus whether a bout between a transgender woman against a cisgender	Open category planned

					(biological) woman is a fair bout”	
<b>International Canoe Federation</b>	Canoeing	World	2023	No policy	Preparing a policy	
<b>International Chess Federation</b>	Chess	World	2023	Trans athletes excluded from women’s comps		Trans athletes to be stripped of medals won in women’s division.
Cricket Australia	Cricket	Australia	2019	Trans athletes permitted on case by case basis with testing	Testosterone tests required 1 year prior	Makes rules for domestic games
England and Wales Cricket Board (ECB)	Cricket	UK	2024	Elite: trans players excluded from women’s games in England; Community: trans athletes permitted	Revision of former policy Can still compete at amateur levels	
<b>International Cricket Council (ICC)</b>	Cricket	World	2023	Trans athletes excluded from women’s comps		
British Cycling	Cycling	UK	2023	Elite: Trans athletes excluded from women’s comps; Community: trans athletes permitted on case by case basis with testing	Aligns with UCI	
<b>International Cycling Union (UCI)</b>	Cycling	World	2023	Trans athletes excluded from women’s comps	Revision of previous policy	Men’s category renamed Men’s/Open
<b>World Darts Federation</b>	Darts	World	2024	Trans athletes permitted		Has threatened disciplinary action against any player who backs out of a match.

Fencing New Zealand	Fencing	New Zealand		Trans athletes permitted	Testing required. Under 16 case by case on medical assessment	
British Fencing	Fencing	UK	2022	Trans athletes permitted on case by case basis with testing	Aligns with IOC 2015 rules. Testing required. Under 16 case by case on medical assessment	
USA Fencing	Fencing	USA		Trans athletes permitted		
<b>International Fencing Federation</b>	Fencing	World	2024	No policy	Reviewing policy based on IOC 2021 rules	
<b>International Sport Fishing Confederation</b>	Fishing	World	2023	Trans athletes excluded from women's comps		
Australian Football League (Women) (AFLW)	Football	Australia		Elite: trans athletes permitted on case by case basis with testing; Community: trans athletes permitted	Testosterone tests required 2 years prior. Separate policies for Community and Elite.	
Coalition of Major Professional and Participation Sports (COMPPS)	Football, Rugby, Cricket, Netball, Tennis	Australia	2019	Trans athletes permitted in all sports	Self-ID	Despite a specific exemption in the relevant legislation for sports that involve the 'strength, stamina or physique of competitors'.
Golf Australia	Golf	Australia	2013	Trans athletes permitted after surgery and hormones	Strict verification requirements	
Professional Golfers' Association (PGA)	Golf	World	2019	Trans athletes permitted on case by case basis with testing	Hormone levels	

<b>International Golf Federation</b>	Golf	World	2024	Developing policy		
Ladies Professional Golf Association (LPGA)	Golf	World		Trans athletes excluded from women's comps unless have gender surgery	Strict eligibility requirements and testing	
Gymnastics Australia	Gymnastics	Australia		Elite: trans athletes excluded from women's comps; Community: trans athletes permitted on case-by-case basis		Specifies that athletes may use facilities acc to gender ID
<b>International Gymnastics Federation (FIG)</b>	Gymnastics	World	2024	No current policy	Gender Equality Commission investigating how to comply with UN and IOC goals in creating guidelines	States that: "The Commission's work is primarily based on the binary notion of gender and therefore focuses on empowering women and girls in the sport of gymnastics."
Handball Australia	Handball	Australia		Trans athletes permitted on case by case basis with testing	Aligns with IOC 2015 rules	
U.S. Handball Association	Handball	USA		Trans athletes permitted after 1 year on hormones		
<b>International Handball Federation (IHF)</b>	Handball	World		Trans athletes permitted	"There shall be no discrimination in handball on the basis of race, gender, ethnic origin, colour, culture, religion, political opinion, marital status, sexual orientation or other grounds."	

Hockey Australia	Hockey	Australia		Elite: aligns to FIH rules. Community: trans athletes included		
England Hockey	Hockey	UK		Elite: Trans athletes permitted on case by case basis with testing; Community: trans athletes permitted	Elite and sub-elite adhere to 2015 IOC rules (case by case with testing)	
<b>International Hockey Federation (FIH)</b>	Hockey	World	2022	Trans athletes permitted on case by case basis		
<b>World Netball</b>	Netball	World	2024	Trans athletes excluded from women's comps	International competition only	
British Rowing	Rowing	UK	2023	Trans athletes excluded from women's comps	Aligns with World Rowing	
<b>World Rowing</b>	Rowing	World	2023	Trans athletes excluded from women's comps	Tests required over 2 years prior	
Rugby Australia	Rugby	Australia		Elite: trans athletes excluded from women's comps; Community: trans athletes permitted on case by case basis		
Rugby Football Union	Rugby	UK	2022	Trans athletes excluded from women's comps		
<b>International Rugby League</b>	Rugby League	World	2022	Trans athletes excluded from women's comps		
<b>World Rugby</b>	Rugby Union	World	2020	Trans athletes excluded from women's comps	Revision of previous policy	First to exclude trans athletes

Football Association (FA)	Soccer	UK		Trans athletes permitted up to age 18, then on a case by case basis with testing		2023: 48 MPs and 27 peers urged the FA to change its rules on transgender to “protect women and girls” in football.
<b>International Federation of Association Football (FIFA)</b>	Soccer	World	2022	Trans athletes excluded from women’s comps	Revision of previous policy following FINA changes. Detailed procedures for gender verification.	
Swim England	Swimming	UK	2023	Elite: trans athletes excluded from women’s comps; Community: trans athletes permitted	Revision of previous policy.	Open category planned
<b>World Aquatics (formerly FINA)</b>	Swimming	World		Trans athletes excluded from women’s comps	Revision of previous policy	
<b>Court of Arbitration for Sport</b>	Swimming	World	2024	Upheld World Aquatics ban on trans athletes		World arbitration body on sporting disputes.
Tennis Australia	Tennis	Australia		Elite: adheres to ITF rules; Community: trans athletes permitted		
<b>International Tennis Federation (ITF)</b>	Tennis	World	2023	Trans athletes permitted on case by case basis with testing	Tests required over 1 year prior. Elite level comps	
British Triathlon	Triathlon	UK	2022	Trans athletes excluded from women’s comps	Reversal of previous 2018 policy	New Open category
<b>World Triathlon</b>	Triathlon	World	2022	Trans athletes permitted on case by case basis with testing	Testosterone test required + not competed in male class for 4 years	



USA Volleyball	Volleyball	USA	2022	Trans athletes permitted on case by case basis with testing		
<b>International Volleyball Federation (FIVB)</b>	Volleyball	World	2014	Trans athletes permitted on case by case basis with testing	Female players may be required to present a valid gender certificate and/or submit to a medical examination in case of doubt based on medical evidence.	Competitors' refusal if requested to yield to gender verification controls entails their elimination from the competition.
<b>International Weightlifting Federation (IWF)</b>	Weightlifting	World	2023	Trans athletes who complete hormonal transition before completion of puberty permitted	Detailed strict eligibility requirements	Clear definitions and categories. Open gender events established.
Wrestling Australia Ltd	Wrestling	Australia		Trans athletes permitted on case by case basis with testing	Aligns with UWW rules	
<b>United World Wrestling (UWW)</b>	Wrestling	World		Trans athletes permitted on case by case basis with testing	Eligibility requirements, tests over 12 months	